

Rainbow Corner News



March 2020

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This Month's Themes:

Dr. Seuss Author study, Zoo, St. Patrick's Day (the color green), and wind.

Note from Kimberly and Alexis:

Please note that we have scheduled outside play for every Thursday throughout the remainder of March. Due to muddy conditions, we will not use the playground unless there is snow on the ground and it is at least 20 degrees. However, if the weather turns warm we will go outdoors for walks and other outdoor activities.

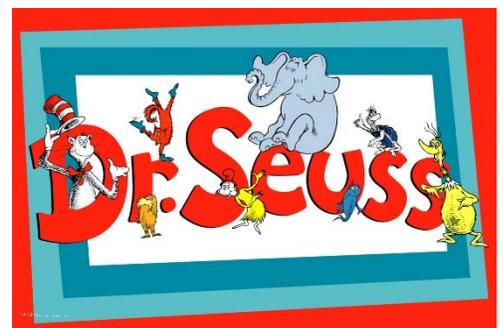
Preschool Registration: for returning students and playgroup participants who are moving onto preschool will begin **Tuesday, March 3rd**. Registration forms are only available from the CARE main office and will be available by 8am on March 3rd. If your child is planning to attend next year please register as soon as possible. For the 2019-2020 school year Rainbow Corner filled both classrooms in less than three weeks. We will open registration to the public on Monday, March 16th.

Zoo Day

** The Animals Are Coming!!! The Erie Zoo is coming on Thursday, March 12, 2020. They will be doing a presentation *The Living Alphabet* from 10:00 a.m. – 10:45 a.m.

What we will be learning at school in March:

This month we will be engaging in our first "Author study". We will explore many books written and illustrated by Dr. Seuss. After this, we will spend a week learning about zoo animals in preparation for the visit from the traveling zoo. We will be discussing St. Patrick's Day, rainbows and the color green. We will then do a unit on nursery rhymes and fairy tales.



Preschool Teachers – Kimberly Engstrom – kimberlye@careforchildren.info or 814-362-4621
 Alexis Close – alexisc@careforchildren.info or 814-362-4621
 Teacher Aides – Jan Stiles, Barb McGarry, & Julie Walter
 723 East Main Street ~ Bradford, PA 16701



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The Giving Tree:

We want to thank the families of Emma, Annabell, Koy, Scott, Brecken, Scarlett, Emily, Ada, Kenzie, Mason, Isabella, Sadie, Carter, Lucas, Cole, Olivia, and Brianna for donating materials needed for the classrooms. We really appreciate the help and support that we received from all of our families. We have added new apples for the month of March.



Activities to do at Home	
Language and Literacy Recite nursery rhymes together. Leave out the final rhyming words and encourage your child to fill in the blank. "Humpty Dumpty sat on the wall...Humpty Dumpty had a great _____ (fall)".	Math Make number cards by putting the numbers 1-5 on pieces of paper. Ask your child to put the correct number of beans, stickers or other small objects on each card.
Science Make bubbles! Mix together liquid dish soap and water. Put the mixture in a cup and show your child how you can blow into it with straws to make more bubbles. Dip in a slotted spoon or other objects and wave them around the room to make bubbles.	Cooking Make smoothies together. All you need is a blender. Ingredients: 1 cup of your favorite Sherbet, 1 cup of Orange Juice, 1 small container of Yogurt, and ½ package of Frozen Fruit. Mix the ingredients up in the blender and you have a frozen treat.
Social Studies Sit on the steps outside your home. Close your eyes and listen. What sounds do you hear? Talk about the sounds and what they represent.	Social Help your child make a list of "Things I Can Do Myself". Ask your child what special things she or he can do alone. Put them on a list and post it on the refrigerator.

How to Explain Mindfulness to Young Children

In this quick tip we use simple language to explain mindfulness:

Mindfulness is a practice paying attention in a way that helps you live a happier life. (Mindfulness means paying attention to what is happening right now with kindness and curiosity).

What's really cool is that you get to learn through playing games, singing songs, talking and doing art. One way to explain Mindfulness to children is to take a scientific approach.

Being a Scientist

When you learn about Mindfulness, it's like you are being a scientist. You study your own self, your own mind. You study your thoughts, your feelings, your friendships and your kindness.

Like any scientist, you do experiments and you discover things. For example:

- Perhaps you'll discover there's a happiness, a quiet peaceful place, which is always within you.
- You might discover ways to calm yourself down and lift your mood when upset, angry, or sad.
- You might discover ways to be kinder to yourself, others and the world.
- You'll learn about the brain too!

Excerpted from: <http://mindfulnessforchildren.org/>

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