# Rainbow Corner News



January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
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7 First Day Back from Holiday Break!!!	8 STEM Class	9	Outside Play	11
14	15 STEM Class	16 Book orders are due	Outside Play	18
No School!	22 STEM Class	23	24 Outside Play	25
28	29 STEM Class	30	31 Outside Play	

**This Month's Themes:** This month we will focus on winter weather, snowmen, winter animals, and either the book: <u>The Mitten</u> or <u>The Hat</u>.

### Note from Kimberly and Alexis:

We hope that everyone had a fantastic holiday break. We have many fun activities planned for the month of January. Starting January 10th, we would like to be able to go outside every Thursday to play in the snow. We do require the weather to be at least 20 degrees (or higher!) and snow to be on the ground. On these days, please remember to send appropriate clothing (snow pants, boots, hats, mittens, etc.) so that your child can join his or her class outside. Please follow our Facebook page for news on school cancellation due to weather. Please note that Rainbow Corner typically closes when the Bradford Area School District closes, except for closures due to extreme cold. Since we do not have bus riders or walkers, we leave it up to parents' discretion whether or not to attend preschool on those days

### What we will be learning at school in January:

At school we will be discussing winter and what happens to water when the temperature drops below freezing. Students will learn about appropriate clothing to wear during the winter months. We will also read many different stories that depict winter. We will talk about animals that enjoy the cold weather such as polar bears and penguins. We will also do a unit on snowmen (snowwomen and snow kids too!) with activities relating to math and literacy activities/games. We hope to get outside and build our own snow people as well!





### The Giving Tree:

Thank you to the families of Sandy, Tenley, Mason, Beckett, Brecken, Esther, Finnley, Sadie, Mason, and Anna for your donations. We really appreciate the help and support that we received from all of our families. We have added new apples for the month of February.

ACTIVITIES TO DO	AT HOME!	
Language and Literacy	Math	
Look at pictures in a new or unfamiliar book. Ask your child to think about or predict what might happen in the story. Read the story and compare your child's predictions to the actual story.	Give your child a snack food with many colors such as cereal or fruit snacks. Help him/her to separate them into colors before eating. "Put all the red ones together, all the green ones together, etc."	
Science	Circle Time Song	
Bring in 3 snowballs from outside and put them in three separate bowls. Put one in the refrigerator, one in the freezer and one on the kitchen table. Watch what happens and talk about which one melts or freezes faster.	"5 little snowmen standing in a row, Each had a hat and a big red bow. Out came the sun and it shone all day, 1 Little snowman melted away."	
	*Repeat with 4, 3, 2, 1, 0 snowmen	
Creative Arts	Social	
Let your child paint with ice. Use food coloring to tint water in an ice tray and freeze. Give the child one cube to move around on paper while it melts and makes a design.	Help your child find his/her winter clothes by making an area where he or she can keep them all together. Put the child's mittens, hat, scarf, boots and coat there for him/her to find when it's time to go outside.	

# January is.... Winter!!! BRRRR

With the cold, winter weather approaching, here are some general tips to keep your children safe during this time of year.

- Dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Don't forget warm boots, gloves or mittens, and a hat.
- Set reasonable time limits on outdoor play to prevent hypothermia and frostbite. Have children come inside periodically to warm up.
- The viruses that cause colds and flu tend to be more common in the winter, when children are in school and are in closer contact with each other. Frequent hand washing and teaching your child to sneeze or cough into the bend of his or her elbow may help reduce the spread of colds and flu.
- Check the CARE for Children Facebook page for updated information on school closings!

## Never Underestimate the Importance of Early Childhood Friendships

"Friendships, the bonds that children develop with important peers in their lives, bring pleasure, comfort, sometimes distress, and almost always important opportunities to learn and develop in a social world. In fact, establishing relationships with other children is one of the major developmental tasks of early childhood. Friends, beginning in the toddler stage, can help children feel good about themselves, help the child adapt more easily to early childhood environments and help the child build self- confidence.

True friendships can be seen in children as young as  $2\frac{1}{2}$ , but it is more likely to appear in three- and four-year-olds. Children will then have more readiness for the 'work' that it takes to maintain friendships. Please do not underestimate the value of these early friendships. They help to support children's emotional and social development and their understanding of the world around them.

Of course, sometimes it's hard to see these benefits when your child's play dates involve lots of squabbling over toys and your child's buddy keeps bopping him on the head when he doesn't hand over the truck. The quality preschool staff sees these as learning opportunities: Conflicts erupt because children don't yet have the skills to mediate disagreements. Early childhood educators spend a great deal of time reminding children to 'use your words' rather than hitting and grabbing. Parents supervising preschool friendships often have to do the same thing — so plan to stick close." (Excerpted from https://cambridgepreschools.com)