

CARE for Children  
Rainbow Corner Preschool  
Toilet Training Guidelines

CARE for Children is updating Potty Training Guidelines for Rainbow Corner Preschool for students ages 3 to 5. **These guidelines do not apply to the toddler playgroup.**

Children enrolled in preschool should be toilet trained prior to attending preschool. It should be the parents' goal that their student should be wearing underwear. As a developmental program we understand that children gain skills like toileting at different stages and that even toilet trained children will occasionally have accidents. By definition, "accidents" are unusual incidents and should happen infrequently. In these instances, the teacher or aide will help children to change their clothes, encouraging independence as much as possible.

A toilet trained child is a child who can do the following:

- Communicate to the teachers or aides that he/she needs to go to the restroom
- Alert him/herself to stop what he/she is doing, to go and use the bathroom
- Pull down his/her clothes and get them back up without assistance
- Wipe him/herself after using the toilet (with assistance if needed)
- Get on/off the toilet by him/herself
- Wash and dry hands

A teacher or preschool aide will assist children as needed, but children should be able to complete toileting activities as independently as possible. The preschool curriculum is also structured to incorporate regular bathroom breaks.

Rainbow Corner Preschool is prepared to work with children with delays who may not be developmentally ready to be potty trained. It is also not uncommon for a child who is fully toilet trained to have a setback when he/she is in a new environment. Preschool staff are aware of this and will assist the children when necessary.

Please have your child dressed in clothing that he/she can easily manage independently. Please send a complete change of clothes appropriate for the season. These will be left at school in case of accidents, and returned at the end of the school year. Our first priority is that students are clean, comfortable and ready to learn, and each classroom is supplied with diapers, wipes, and a change of clothes, to care for each child in case of accidents. The school area is also equipped with changing stations.

Parents will be notified if a child has a toileting accident. We understand that each child arrives at this milestone differently, however, if the situation is not manageable within the classroom

environment, we will discuss the issue with the parents and actively work with families to toilet train the child.

Please note that these guidelines are not in place to inconvenience families, rather, changing diapers and cleaning accidents in the preschool setting is time consuming, and the time teachers/ aides spend attending to and cleaning accidents is time that they are not spending interacting with children and facilitating the curriculum in a safe manner. These guidelines are intended to promote a positive learning environment at Rainbow Corner Preschool.

Thank you for your cooperation.