

CARE for Children Professional Training  
**Register through**  
**Wednesday, June 7, 2017**

**\$50.00** for Professionals  
**\$25.00** for McKean County Early  
Intervention Providers

Registration fee includes workshop materials,  
lunch and light refreshments.

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

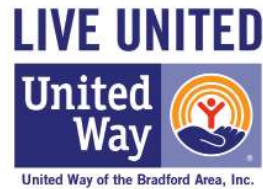
Email: \_\_\_\_\_



This training is geared for  
Early Intervention Professionals  
and Therapists; Social Workers;  
Educators; Para-professionals;  
and professionals who work with  
the birth to five population.

**Event Sponsors:**

***MCKEAN COUNTY***  
*Department of Human Services*



University of Pittsburgh  
Bradford  
*Social Work Program*



P.O. Box 616  
Bradford, PA 16701  
(814) 362-4621  
(814) 362-1066 - fax  
[www.careforchildren.info](http://www.careforchildren.info)

CARE for Children  
Professional Training

**Infant Mental  
Health Workshop**

Presented by  
Erin Troup LPC, NCC, CT  
Licensed Professional Counselor

**Wednesday, June 14, 2017**

**Registration: 8:15 - 8:45 a.m.**  
**8:45 a.m. – 3:30 p.m.**  
**6 Training Hours**

University of Pittsburgh Bradford  
Frame Westerberg Commons  
Mukaiyama University Room  
Bradford, Pennsylvania



## About this Workshop

This workshop will introduce the basic principles of infant and early childhood mental health, looking at brain development and social emotional development from birth to five. Critical periods of development will be discussed and attendees will explore what happens when encountering road blocks and barriers to social and emotional growth. A focus on trauma informed practice and being a supportive presence is at the heart of this workshop and some ways of supporting the work will be introduced.

Participants will:

- Understand the basic history and elements of infant mental health
- Be able to look more closely at social emotional milestones from birth to age 5
- Recognize the impact of trauma and toxic stress on developing brains
- Recognize their own reactions and need for support within the work

## Agenda

8:15 a.m. to 8:45 a.m.	Registration
8:45 a.m. to 11:45 a.m.	Morning Session
11:45 a.m. to 12:30 p.m.	Lunch
12:30 p.m. to 3:30 p.m.	Afternoon Session

## About Erin Troup LPC, NCC, CT



Erin Troup is a Licensed Professional Counselor specializing in early childhood social emotional needs, particularly attachment, grief

and loss, trauma and anxiety. After leaving the Harrisburg area to pursue her passion to work with children and families; Erin earned her undergraduate degree in psychology and child development from Indiana University of Pennsylvania. She attended Chatham University for her MS in counseling and earned her Infant Mental Health Certificate in Pennsylvania's first Infant Mental Health cohort.

In 2013 after work on a seminal grant supporting postpartum depression, Erin felt there was a gap in supportive counseling and consultation for many young families. She opened her private practice: Sprout Center for Emotional Growth and Development, LLC out of love and passion for supporting these children and families. She has worked in the fields of Mental Health, Early Intervention and Behavioral Health service for over 15 years. Erin has presented on a variety of topics including mental health, grief and loss, social emotional and child development throughout the United States; but she calls Pittsburgh, Pennsylvania home. She is the board secretary for The Pennsylvania Association for Infant Mental Health and a member of The Association for Death Education and Counseling. In her spare time, Erin enjoys spending time in her community, walking her dogs and being the "Fun Aunt" to her 10 nieces and nephews.

Please indicate where you would like your workshop credit hours to be applied, if applicable:

- Early Intervention Infant/Toddler Hours
- ACT 48 Hours - **Pending**  
(PPID required # \_\_\_\_\_)
- University of Pittsburgh Social Work CEUs  
(additional \$10 fee)

This program is offered for 6 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, A Council on Social Work Education- accredited school, and therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial renewal. For information on social work continuing education call (412)624-3711.

Payment options:

- Invoice Organization Address
- Check Enclosed (Payable to CARE for Children)

Return registration form to  
CARE for Children  
by e-mail at [reception@careforchildren.info](mailto:reception@careforchildren.info);  
by fax at (814) 362-1066;  
or by mail to:  
CARE for Children  
P.O. Box 616  
Bradford, PA 16701

Registration and payment are due by  
Wednesday, June 7, 2017