

Rainbow Corner News



Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Visit from Mr. Jim	5	6 Hanging Basket Sale Begins! Order forms sent home	7
10	11 Book Order Due	12 Spring Break NO SCHOOL	13 NO SCHOOL	14 NO SCHOOL CARE offices Closed
17 No School CARE offices Closed	18 NO SCHOOL	19 Back to School!	20	21
24 Week of the Young Child	25	26 Wear your favorite camping gear today we are making S'more's	27 Lacey from the Library is coming to read and talk about the library Hanging Basket Sale order forms due.	28
Save the Date:	Kids Fest!	Saturday, April 29 th , 2017	10 a.m. to 1 p.m.	Bradford YMCA!

This Month's Themes and what we will be learning:

Preschool is going to do an investigation on weather. We will discuss different types of weather, and what the weather is like in different seasons. Students will explore what is in the sky (clouds, stars, sun, moon) and how weather effects the sky.

We will also talk about the Bradford Area Public Library, borrowing books, and having a library card!

Note from Kimberly:

As most of you know Miss Alexis will be out on maternity leave during the month of April. I am pleased to announce the newest addition to our CARE Early Learning Family: baby Caroline Close. We are so happy for the Close Family! Miss Sandy is substituting for Miss Alexis and the children have given her a warm welcome. Just a reminder that we will have spring break with no classes beginning Wednesday, April 12th, and continuing the 13th, 14th, 17th, 18th. The CARE offices will be closed Friday, April 14th and Monday, April 17th as well. Remember registration has started for next year and summer camp. If you are planning to have your child attend again next year or over the summer be sure to pick up the registration forms.



Hanging Basket Sale to Benefit Preschool:

The 2nd Annual Hanging Basket Sale to benefit CARE for Children Early Learning Programs will be held April 6th through the 27th. Pick up of the baskets will be May 11th and 12th—just in time for Mother's Day! We will also have a public sale those two days if we have extra inventory and we could use Parent helpers for both the evening of May 10th when we bring the hanging baskets to CARE and to help with the public sale.

Students will be given order forms and we ask that each family try to sell two baskets. This sale helps us pay for all the extra activities we do at school like the visit from the Erie Zoo and the Dr. Seuss Play at Pitt Bradford.

Playground & Outdoor Activities:

As the weather is starting to get warmer we like to go outside and take walks, participate in activities learn about the weather or nature and of course spend time on the playground. Please be sure that your child wears or brings sneakers, a jacket or sweatshirt and has appropriate clothing for outdoor play. The preschool requires proper footwear for children to participate in these activities.

Preschool Teachers – Kimberly Engstrom – kimberlye@careforchildren.info or 814-362-4621
 Alexis Close – alexisc@careforchildren.info or 814-362-4621
 Teacher Aides – Jan Stiles, Barb McGarry & Miranda Nichols
 723 East Main Street ~ Bradford, PA 16701



Like CARE for Children, McKean County, PA on Facebook for up-to-date information and pictures

<h1>ACTIVITIES TO DO AT HOME!!!</h1>	
Language and Literacy Write a large letter of the alphabet on a piece of paper. Have your child trace the letter with glue and put small objects that begin with the letter on the glue. For example, cotton balls on the letter C or beans on the letter B.	Math Play "A Pocket Full of Change." Help your child begin to identify coins by sorting them according to size or color. Talk about how they are alike or different. Tell your child the names.
Science How much did it rain? Leave a container or cup outside to measure the rainfall. Show your child how to use a ruler to see how much it rained.	Social Studies What do parents do all day? Talk about the jobs that mommies and daddies do and why they are important.
Creative Arts Encourage your child to paint with different objects from nature such as sticks, leaves or rocks.	Social Help your child pack away winter clothes and bring out lighter, cooler clothes. Make a place where your child can reach his/her own jacket or sweater. Take your child on a visit to the public library. Read a story or do an activity in the Early Learning Room.

The Giving Tree:

I want to thank the families of Abby C, Jordan, Max, Trey, Hunter, Brock, Paul, Ryann, Adi, and Vataliana. We really appreciate the help and support we receive.



How to Help Your Preschooler Develop Empathy: According to website Zero to Three, "Empathy is the ability to imagine how someone else is feeling in a particular situation and respond with care. This is a very complex skill to develop."

What You Can Do To Nurture Empathy in Your Child:

- **Empathize with your child.** Are you feeling scared of that dog? He is a nice dog but he is barking really loud. That can be scary. I will hold you until he walks by.
- **Talk about others' feelings.** Kayla is feeling sad because you took her toy car. Please give Kayla back her car and then you choose another one to play with.
- **Suggest how children can show empathy.** Let's get Jason some ice for his boo-boo.
- **Read stories about feelings.** A suggestion: *My Many Colored Days* by Dr. Seuss
- **Be a role model.** When you have strong, respectful relationships and interact with others in a kind and caring way, your child learns from your example.
- **Use "I" messages.** This type of communication models the importance of self-awareness: I don't like it when you hit me. It hurts.
- **Validate your child's difficult emotions.** Sometimes when our child is sad, angry, or disappointed, we rush to try and fix it right away, to make the feelings go away because we want to protect him from any pain. However, these feelings are part of life and ones that children need to learn to cope with
- **Use pretend play.** Talk with older children about feelings and empathy as you play. For example, you might have your child's stuffed hippo say that he does not want to take turns with his friend, the stuffed pony. Then ask your child: How do you think pony feels? What should we tell this silly hippo?
- **Think through the use of "I'm sorry."** We often insist that our children say "I'm sorry" as a way for them to take responsibility for their actions. But many children don't fully understand what these words mean.
- **Be patient.** Developing empathy takes time.

Excerpted from: <https://www.zerotothree.org/resources/5-how-to-help-your-child-develop-empathy>

Preschool Teachers – Kimberly Engstrom – kimberlye@careforchildren.info or 814-362-4621
 Alexis Close – alexisc@careforchildren.info or 814-362-4621
 Teacher Aides – Jan Stiles, Barb McGarry & Miranda Nichols
 723 East Main Street – Bradford, PA 16701



Like CARE for Children, McKean County, PA on Facebook for up-to-date information and pictures