

CARE for Children



CARE KID NEWS

Never Underestimate the Power of Play

CARE Kid Fitness Gym & Lady Panthers Basketball

Thursday, January 21, 2010
5:30pm - 7:30pm

Pitt Bradford Sport & Fitness Center

Join the CARE staff for some fun gym activities and the Lady Panthers Basketball Game at the Pitt Bradford Sport & Fitness Center on Thursday, January 21st. We will be in the gym from 5:30pm - 6:15pm. After the gym activities the kids will get dinner from the concession stand and then go into the gym to watch an exciting game of basketball. CARE kids are asked to wear a CARE shirt for the game (if they have one). The Pitt-Bradford Lady Panthers will be taking on AMCC conference opponent Hilbert College.

Pick-up will be after the women's game at approximately 7:30 pm in the main gym.

This event is **FREE** & open to CARE kids and their siblings ages 5 and above.

Registration is required by January 18th.

Holiday Valley Adaptive Ski Clinic

Monday, February 15, 2010
11:15am - 4:30pm



The Adaptive Ski Clinic is for school-age children with cognitive or mobility limitations and for whom a traditional ski clinic would not be appropriate. The clinic is staffed by volunteers from Holiday Valley's Lounsbury Adaptive Ski program, part of Disabled Sports America, and CARE Staff members. Most children are paired with two instructors. Lunch will be provided after skiing in the main chalet.

Please contact your child's therapist if you have questions regarding the appropriateness of this activity for your child. There are 10 spots available and will be on a first come first serve basis.

The kids will leave by bus from the CARE office promptly at 11:30 a.m. (please do not arrive before 11:15a.m.) and we plan for the bus to arrive back at the CARE offices at approximately 4:30p.m. for pick-up.

Parents are permitted but not required to attend the ski clinic with your child.

This event is sponsored by the Rotary Club of Port Allegany, PA.

Lady Panther's Volleyball Camp

Saturday, January 30, 2010
10:15am - 12:30pm

Pitt Bradford Sport & Fitness Center

The Lady Panthers volleyball camp will be held at the Pitt-Bradford Sport & Fitness Center on Saturday, January 30th.

Pitt-Bradford Head Coach Tina Phillips and members of the Lady Panthers Volleyball Team will work with kids on the basics of volleyball, work on ball handling skills, and do fun drills. Lunch will be provided after camp.



Because of limited space the camp is open only to CARE kids actively receiving therapy services age 4 and up.

Each child attending camp will receive a pair of mesh athletic shorts. **Registration is required by January 13th.** Please give your child's short's size when registering.

This event is sponsored by S.W. Neilly, Northern Tier Inc, and The University of Pittsburgh Bradford.



Coming in March 2010

LADY PANTHER'S BASKETBALL MINI CAMP

Pitt Bradford Sport & Fitness Center
More Information to follow

To register for events please contact
Kim at CARE - 362-4621
Or by email
kimm@careforchildren.info
(Please give Kim your e-mail address
for the database)

CARE for Children
P.O Box 616
Bradford, PA 16701



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Family Support

How to Access State and Local Resources

Wednesday, February 10, 2010
5:30pm - 7:30pm

Presented by Lisa Snyder
PA Department of Health and
Jim Keltz
McKean County Assistance Office

Lisa Snyder, RN Special Health Care Needs Nurse Consultant from the Pennsylvania Department of Health: Northwest District Office will present on resources to help identify needs and improve services for families and children with special health care needs. Lisa works closely with Special Kids Network, transition groups, and many other community partners.

Jim Keltz, Director, McKean County Assistance Office will present on the multiple services available through the local county assistance office. He also works closely with numerous community partners and will provide information on COMPASS, the online access to health and human services.

A gourmet pizza dinner will be provided.

The Family Support Parents Meeting will be held in the 2nd floor conference room at the CARE for Children office, 20 Russell Boulevard.

Childcare will be provided on site with fun activities and pizza dinner for the kids.

Registration for the meeting and child care is required by Monday, February 8th.

Safe Kids McKean



Keep Kids Warm in the Cold

No matter which winter activity your child chooses, staying warm is important. The right clothing and equipment helps do that. Dress in layers, people often say. This is true, but some of the newer fabrics for cold weather give you the warmth of layers without all the bulk. When in doubt wear more on your child than you think they will need.

KidShape

KidShape classes are being offered through BRMC. Classes will be held every Thursday at The Salvation Army 111 Jackson Ave. Bradford PA from 600pm - 800pm. To register call Mariann Kahle at BRMC 368-4143.

Class schedule:

Session 1: January 21-March 18, 2010 -Filled

Session 2: April 1-May 27, 2010 (7 spaces available)

Session 3: September 23-November 17, 2010

There is a \$10 Registration Fee - For any child that receives active therapy services CARE will reimburse the KidShape registration fee upon completion of the program!

KidShape is a family based program for children 6-14 years and their parents. Kids and their parents attend nine weekly classes. No physician referral or health insurance is required. Activities are fun and promote healthy behavior changes, like increasing activity and choosing more nutritious snacks, drinks and meals.

CARE For Children Staff:

Tina M. Martin, Executive Director
Kim Murphey, Community Relations Coordinator
Valorie Coast, Finance & Office Manager
Carol Schindhelm, PT, Pediatric Therapy Services Director
Ashley Carlson MOT, OTR/L, Supervising Occupational Therapist
Jane Hartle, Early Intervention Coordinator/Special Instructor
Barry Simon, MPT, Physical Therapist
Sandy Mishic, DPT, Physical Therapist
Kim Hopkins, MPT, Physical Therapist
Ann Kane, PT, Physical Therapist
Kim Miller, OT, Occupational Therapist
DeAnn Persichini, COTA, Occupational Therapy Assistant
Leanna Lake, COTA, Occupational Therapy Assistant
Erica Soble, Special Instructor
Kimberly Engstrom, M.Ed. Preschool Director/ Special Instructor
Janice Stiles, Preschool Aide
Barb McGarry, Preschool Aide
Visit our website at www.careforchildren.info

Mission:

CARE for Children is a non-profit organization dedicated to improving the lives of children of all abilities.

Services:

CARE for Children has been providing services since 1924.

Programs:

Physical Therapy
Occupational Therapy
Rainbow Corner Developmental Preschool & Playgroups
Early Intervention Services
Child Safety and Injury Prevention
Shriners Hospital Orthopedic Clinic
Family Support Program
Verner W. Smith Adaptive Equipment Clinics
Pediatric Equipment Loan
Parent Resource & Toy Lending Library
Therapeutic Recreation and Respite
Disability Awareness